

TRAVEL

## The Ranch Malibu Will Be Coming To The Hudson Valley Next Summer



Look out New York, California's coming for you.

The preferred health and wellness retreat to the stars, [The Ranch Malibu](#) just announced plans to open a new resort 45-minutes outside of New York City next summer.

Located along the border of Sloatsburg and Tuxedo Park, [The Ranch Hudson Valley](#) will mark the third location for the luxury health and wellness retreat. Set amongst 200-forested acres in a 40,000 square foot property known as the Table Rock Estate, the lakefront property was built in 1902 by JP Morgan for his daughter as a wedding gift when she married the great grandson of Alexander Hamilton, according the press release.

“We wanted to respect and satisfy the ongoing demand from our East Coast guests to open a property closer to them,” Founder and CEO of The Ranch Alex Glasscock said. Given its idyllic location, we also hope it becomes the perfect destination for corporate groups looking to integrate a more health-minded approach to their offsite retreats, meetings and incentive travel programs.”

Among some of the features and amenities will be a 5,000 square-foot solarium and outdoor pool for water activities incorporated into fitness programming in the Summer months.



The year round retreat will offer a variety of programs for guests. Available Monday – Thursday, The Ranch 3.0 will include a three-day program that provides what the retreat calls a “gentler immersion” into their signature program. The Ranch-lite, will include a later wake up time and active daily schedule of four hours of low-impact exercise - centered around a breathtaking and two-hour hike (compared to the regular four) every morning.