

# Packing & Prep List

## Packing List

- Clothing that wicks moisture from the skin is recommended. Cotton clothing for exercise and hiking should be avoided unless you bring several to change into on the same day.
- We recommend at least 4 sets of weather-appropriate hiking/fitness/yoga clothes that can be interchangeable, a light to medium fleece-type pullover jacket, and a water-resistant hiking jacket.
- Hydration backpack system with a hip belt, such as a CamelBak or Osprey, that will comfortably hold at least 3 liters/100 oz of water, PLUS room for other personal items (toiletries, sunblock, windbreaker, etc.).
- 2 pairs of broken-in hiking or trail running type shoes or boots (with at least 1 month of use). Boots are suggested for anyone who needs ankle support. It is best if the shoe is nylon and not leather for breath-ability.
- 3 pairs of not-too-thick hiking or running socks. We do not recommend cotton socks, as they cause blisters. Please ask a professional hiking store what they recommend for 6-10 miles of daily mountain hiking with a light pack, especially if you are not accustomed to hiking.
- A sun hat.
- Sunglasses (two pairs just in case)
- Sunblock (we recommend at least SPF 30).
- A bathing suit to enjoy our amenities.
- We recommend casual clothing that allows you to be comfortable in the evenings, including flip flops or sandals after hikes and beach lunches. Uggs, warm hat, gloves and a scarf are nice in the cooler months.
- We discourage formal attire, makeup, jewelry, and accessories of high worth or significant sentimental value. We encourage you to pack light and bring only items of necessity.

Please note that laundry is available daily

## Arrival & Departure

Guests will come on their own to The Ranch Malibu on the day of their arrival. The program begins at 12 pm. At the conclusion of the program, we will depart The Ranch at 10:00 am and take guests to LAX by 11:30 am. If you plan to use our shuttle service to LAX, we recommend you book a flight that departs at 1:00 pm or later.

## Transportation

For guests coming from an airport, suggested transportation includes our preferred car service, KLS or you can use Uber. To book a car through KLS, please call 310.247.0804 or email [ranchmalibu@kls.com](mailto:ranchmalibu@kls.com) and make sure to mention The Ranch Malibu for special pricing.

## WiFi / Cell Service

Please note, WiFi is available in your private cottage but there is no cell phone reception on property. Aside from using your phone to take pictures, we ask that you only make phone calls or emails in your room to respect everyone's desire to unplug and be present.

## Travel Insurance

It is highly recommended that guests purchase travel insurance so you are protected should you need to cancel your stay. We suggest Allianz Travel or request details from your insurance company. Please see the cancellation policy below.

## Cancellation Policy

In the event of a cancellation within 40 days of your visit, and if we are able to fill your opening, we will happily credit you a 10% cancellation fee, or move you to a later date. A 10% cancellation fee will be charged to all refunded deposits. Any credit on file will expire if not used within 18 months of the cancellation date.

If you have any questions about your stay, please contact us at 310.457.8700 or by email at [guestrelations@theranchlife.com](mailto:guestrelations@theranchlife.com).

We look forward to welcoming you soon.

