

TRAVEL+ LEISURE

2022

World's
Best
Awards



DESTINATION SPAS

Wellness retreats are booming as travelers continue to prioritize their mental and physical health. This year, that meant an emphasis on spas with outdoor offerings that encourage guests to reconnect with nature—and themselves.



NO. 1 INTERNATIONAL DESTINATION SPA

Rancho La Puerta is set on 4,000 acres of gardens, meadows, and mountains in Baja California, Mexico.

(COURTESY OF RANCHO LA PUERTA)

TOP 15 DOMESTIC SPAS

1. The Ranch Malibu

California 93.66

Readers in search of a health reset swear by this enclave's goal-oriented fitness regimens and plant-based cuisine. A supportive staff goes the extra mile to ensure stays are both invigorating and restorative.