

## VERANDA

# These 23 Idyllic Destinations Are Perfect for Your Next Wellness-Inspired Getaway

**Because a restorative retreat in your personal slice of paradise is just what 2021 needs.**



BY [LAUREN WICKS](#) JAN 22, 2021

*Disclaimer: As the number of coronavirus cases and hospitalizations continue to rise, the [Centers for Disease Control and Prevention](#) recommends postponing any non-essential travel for the time being. We hope this article serves as inspiration for the future when it is safer to travel.*

Is it just us, or is finding peace of mind in our lives getting more difficult by the day? While we are all about discovering the romance in our daily lives— like [nurturing a vibrant garden](#) or watching the day's last moments of natural light stream in through the window as we [enjoy a cocktail](#)—there's nothing like embarking on a getaway to our own versions of paradise, be it the beach, mountains, jungle, or countryside.

We've done our research to uncover the world's most luxurious, restorative retreats. From far-flung [spa experiences](#) in the Himalayan foothills to [road trip-able getaways](#) that immerse you in nature, these fabulous escapes offer something for every type of rejuvenation-seeker. Just make sure to do your research before traveling to these locales in light of coronavirus-related restrictions if you are planning a trip in the near future.



## **The Ranch Malibu: Malibu, California**

One of the newest luxury wellness retreats out there, [the Ranch Malibu](#) has already received some impressive accolades and is considered by many to be the best spa resort in the U.S. The Ranch balances a serious desire for a physical and mental transformation with fun activities, relaxation, and delicious plant-based meals. There are four wellness programs to choose from, all of which involve daily exercise, massages, naptime, and wholesome dishes in a beautiful Southern California setting. What more could you ask for?