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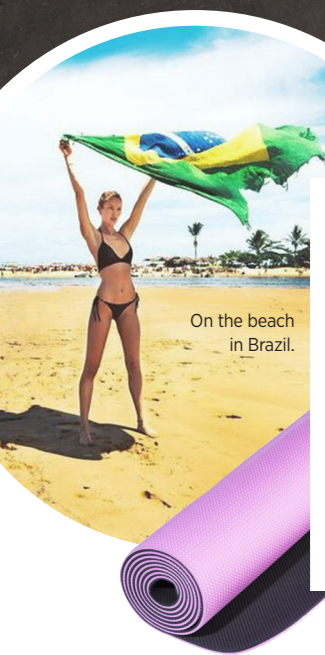
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Holiday
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Beauty Diaries

Insider secrets for looking fabulous at every age.
By ANNE-MARIE GUARNIERI and ANNA LAVDARAS



On the beach in Brazil.

DIET & FITNESS

"I would love to be vegetarian, because of the benefits to the planet, and I'm eating less red meat, but it's tough." **FAVOURITE CUISINE:** Italian and Brazilian. "I grew up on a dairy farm, so I like a good, wholesome meal." **BREAKFAST OF CHAMPIONS:** Chocolate cake. "In Brazil, they eat it for breakfast." **BEAUTY SMOOTHIE:** Coconut oil, flaxseed oil, protein powder and chia seeds. "It's good for your hair and skin." **GO-TO TRAINER:** Regular sessions with Justin Gelband at ModelFit in New York. "I've been seeing him forever." **GETTING ZEN:** Yoga and meditation. "They help me a lot. I keep things simple."

Colbert MD Uplift Eye Serum, \$170.



Pureology Hydrate Sheer Shampoo and Conditioner, \$35 each.



Hair + Body

"I change my stylist all the time, and I never do a major cut because I like my hair long." **COLOUR:** Nikki Ferrara at Marie Robinson Salon in New York. "Blonde is hard to keep up." **GO-TO PRODUCTS:** Pureology Hydrate shampoo and conditioner. **BODY BLISS:** Massage. "That and relaxation are how you get a glow." **NATURE'S REMEDY:** Crystals. "I don't have a healer. It's more of my own hobby." **EXFOLIATOR:** Her DIY recipe: "Coconut oil, sugar and coffee."



GETTY IMAGES; COURTESY OF INSTAGRAM @ANGELCANDICES, @JESSICACHASTAIN; JESSICA CHASTAIN; MARC PIASECKI; COURTESY OF TEN THOUSAND WAVES; STILL LIFE: CHRIS JANSEN; PABLO MARTIN; JEFFREY WESTBROOK/STUDIO D. PRICES APPROXIMATE

CANDICE SWANEPOEL

NEW YORK AND BRAZIL, AGE 28
The globetrotting South African model, mother and face of Givenchy Dahlia Divin Eau de Parfum Nude likes pharmacy lip balm and sweets for breakfast.

MAKEUP & FRAGRANCE
"In my private time, I like to be natural, but on a shoot I want makeup!" **ROSY CHEEKS:** Benefit Benetint Cheek & Lip Stain. "I always wear it." **BROW MUST:** Laura Mercier Eye Brow Pencil. "I used to overpluck them. At my first agency in Paris, they were like, 'Girl, you gotta grow those eyebrows out!' They grew back, thank God." **SIGNATURE SCENT:** Givenchy Dahlia Divin Eau de Parfum Nude. "It makes me feel like a modern goddess, sensual and strong."



From left: Givenchy Dahlia Divin Eau de Parfum Nude, \$139 (50ml); Benefit Benetint Cheek & Lip Stain, \$55.

Skin

"I want to age gracefully — I don't want to do any surgeries." **INSTANT HYDRATOR:** Heritage Store Rose Petals Rosewater spray. **MOISTURISERS:** Embryolis and Biotherm Aquasource. **LIP LOVE:** Palmer's Original Cocoa Butter Ultra Moisturizing Lip Balm. "I'm addicted to it." **EYE TREAT:** Colbert MD Uplift Eye Serum. "I can't live without it." **SUNSCREEN:** Neutrogena Pure & Free Baby Sunscreen Lotion Broad Spectrum SPF 50. "It's the best. A makeup artist used it on me when we shot a Victoria's Secret swim catalogue." **PROCEDURE:** Microdermabrasion. "I love it. I get it done every two or three months."



Laura Mercier Eye Brow Pencil in Blonde, \$30.



Ralph Lauren Woman eau de parfum, \$130 (50ml), out March 8, 2018.



Yves Saint Laurent La Laque Couture in 01 Rouge Pop Art, \$42.

BODY & FRAGRANCE

"I try to schedule spa weekends with my girlfriends so we can all hang out." **FAVOURITE SPA SERVICES:** "Massage. I love an exfoliating-wrap-massage combo. And dry brushing." **GETAWAY:** Ten Thousand Waves spa in Santa Fe. **FEET TREAT:** Pedicure booties. "I had a paraffin bootie treatment at the Shangri-La Hotel spa in Toronto, and I loved it so much I bought them for home." **NAIL SHADE:** Yves Saint Laurent La Laque Couture in 01 Rouge Pop Art. **SIGNATURE SCENT:** Woman by Ralph Lauren. "In addition to being glamorous, fragrance touches us on an emotional level. This one combines masculine with feminine. It's very modern."



SkinCeuticals C E Ferulic serum, \$160.

"I don't use retinols or anything too harsh, because I have sensitive skin." **FAVOURITE CLEANSER:** SK-II Facial Treatment Cleanser. **FACIALIST:** Mary Wong at Ling Skin Care spa at Union Square in New York. "She is über thorough — her facials take three hours." **EYE CREAM:** La Mer The Eye Concentrate. **LIP TREAT:** Bliss Fabulips Sugar Lip Scrub. "I use it every morning when I'm on set." **SERUM:** SkinCeuticals C E Ferulic. **GO-TO SUNSCREEN:** La Mer The Broad Spectrum SPF 50 UV Protecting Fluid. "I have, like, five different sunscreens. But everything is at least SPF 50."

Bliss Fabulips Sugar Lip Scrub, \$23.



Ten Thousand Waves Spa, Santa Fe.



Guerlain Maxi Lash Creating Curl Sculpting Mascara in Moka, \$54.

MAKEUP & HAIR

"When makeup artists ask me how I want to look, I say, 'I just want to look like me.'" **EYE TRICKS:** Lash extensions and eyebrow tinting at EyeLure Boutique in New York. "My eyebrows are really, really pale, so I have them softly tinted." **LIPSTICK:** Yves Saint Laurent Rouge Pur Couture Lipstick in 01 Le Rouge. "I love a red lip. YSL has some incredible ones, but that's my all-time favourite." **MASCARA:** Guerlain Maxi Lash Volume Creating Curl Sculpting Mascara in Moka. **HAIRSTYLIST:** Renato Campora. "He's the only one who cuts my hair." **COLOURIST:** None. "I'm getting white hair now, here and there. I think when you have red hair, you eventually have to go blonde, right?" **HAIR REPAIR:** Moroccanoil Treatment.

Yves Saint Laurent Rouge Pur Couture Lipstick in 01 Le Rouge, \$55.

DIET & FITNESS

"I love to cook. If I'm working for a long time, I stay somewhere with a kitchen." **RESTAURANTS:** Candle 79, Estiatorio Milos and Nobu in New York. **MEAT FREE:** "I've been vegan for 12 years. It helps me with my energy." **PICK-ME-UP:** Green tea or soy chai latte. **SWEETS:** Hot chocolate and coconut ice-cream. **SNACK TIME:** Annie Chun's Wasabi or Cracked Pepper & Herbs Organic Seaweed Snacks. **EXERCISE:** Bryan Kest Power Yoga online. "I used to work out at his studio in Santa Monica, but now I do it when I'm travelling." **DANCE MOVE:** "I love the Lindy Hop — such good exercise. You just need to find a guy who's into it."



Enjoying local treats in Florence, Italy.

JESSICA CHASTAIN

NEW YORK, AGE 40
The actor and face of Woman by Ralph Lauren loves lash extensions, lipstick and the Lindy Hop.





On location, ready to take flight.

HALEY BENNETT
LOS ANGELES, AGE 29

The actor and face of Chloé eau de parfum owes her glowing complexion to regular facials, fancy face masks and eating clean.



From left: Sensai The Lipstick in 01 Suou, \$71; Chloé eau de parfum, \$140 (50ml).

FRAGRANCE & MAKEUP

"When I shot the Chloé campaign in South Africa, I had a premonition I would do my next movie there. Sure enough, I was cast in *The Red Sea Diving Resort*, which was shot there." **SIGNATURE SCENT:** Chloé eau de parfum. "I love its modern composition. It's elegant and romantic, but has depth." **FRESH-FACED:** "I like to concentrate on my skincare so I have a nice canvas." **LIP LOVE:** Sensai The Lipstick in 01 Suou, given to her by makeup artist Mary Greenwell. "I'll go to bed with it on. It makes me feel sassy."

Leonor Greyl Crème de Soin à l'Amarante, \$78.



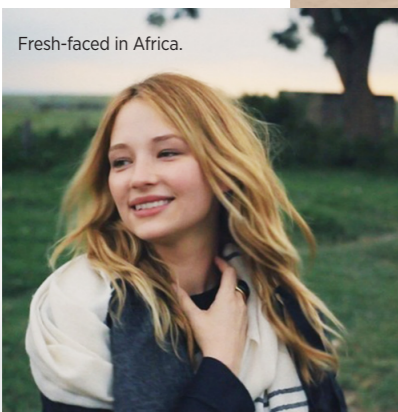
In Fiore Fleur Vibrante Healing Floral Essence/Face Balm Concentré, \$138.

"I felt more feminine when I had shorter hair — more focused on what was happening internally. I think I'll go short again." **STYLIST:** Garren in New York. "He is the only person I trust to cut my hair. He's creative — it's not flawless hair, it's slightly off. He thinks in terms of character instead of beautiful."

BICOASTAL COLOURISTS: Tracey Cunningham in Los Angeles and Aura Friedman in New York. "My hair has been through a lot of changes. I need to give it a break." **SHINE SECRET:** Leonor Greyl Crème de Soin à l'Amarante conditioner.

DIET & FITNESS

"I like to feed myself with whole food. I grew up with pork and beans and Eggos [frozen waffles], so my life has taken a completely unexpected turn from a bag of Doritos." **EATING IN:** "I try to learn about a new type of cuisine when I'm travelling and then bring it back with me to cook." **FARM TO TABLE:** "I go to the market and pick out what I'm going to eat. It's a meditative process." **FAVOURITE RECIPE:** Bruschetta with prosciutto, tomatoes and fresh basil pesto. **COCKTAIL:** "I love a negroni." **WORKOUT:** Ballet Beautiful in New York. **SUPPLEMENT:** LivOn Labs Lypo-Spheric Vitamin C.



Fresh-faced in Africa.

La Mer The Hydrating Facial sheet mask, \$350 (for six).



Sisley Paris Sunleya Sunscreen Cream Broad Spectrum SPF 50+.



Skin

"I love skin products. Maintenance is important so that you're not having to cover pigmentation, spots or blemishes." **MUST-HAVE CLEANSER:** Dr. Hauschka Soothing Cleansing Milk. **REGULAR MOISTURISER:** Sisley Paris All Day All Year Essential Anti-Aging Day Care. **FAVOURITE BRAND:** In Fiore. "That's what I use mainly. I'm drawn to organic products." **GO-TO FACIALIST:** Joanna Vargas in New York. "I've found that if you have frequent facials, you don't have to do a lot with your skin." **SUNSCREEN:** Glossier Invisible Shield SPF 35 and Sisley Paris Sunleya Sunscreen Cream Broad Spectrum SPF 50+. **SPLURGE:** La Mer The Hydrating Facial sheet mask. "It's the best sheet mask. I use it after long flights."



Frédéric Malle Noir Epices eau de parfum, \$359 (100ml).

Fragrance

"I love fragrance. I like fragrance in my hair products, I like fragrance in everything — scents are really important to me." **CURRENT FAVOURITES:** "I change all the time, but my favourites right now are Chanel Chance ... and the Frederic Malle Noire Epices." **EVERYDAY SCENT:** Elizabeth Arden White Tea. "It's really great for the day. It's just a very easygoing fragrance. It's good if you're going to the gym. It doesn't interfere with anything; it just feels really fresh and calming, so I love that."

Elizabeth Arden White Tea eau de toilette, \$69 (100ml).



Chanel Chance Eau Vive eau de toilette, \$130 (50ml).

Revlon ColorStay Foundation, \$35.



HAIR & SKIN

"I wash my hair every day. I know you're not supposed to, but I can't help it." **SHAMPOO:** Shiseido The Hair Care Future Sublime Shampoo. "It's for density, because I have very fine hair." **HAIRDRYER:** Dyson Supersonic. "James Dyson gave it to me himself ... it's a magic blow-dryer." **FIGHTING FINE LINES:** Erasa XEP-30. "This serum is really effective at hiding lines." **NO EYE CREAM:** "I use the Erasa on my eyes, too." **MOISTURISING MUST:** Elizabeth Arden Prevenge Anti-Aging Moisture Cream with Sunscreens. "It's got SPF 30 ... I'm fanatical about sun protection." **NIGHT CREAM:** La Mer The Moisturising Soft Lotion. **SKIN SPECIALIST:** Dr Robert Anolik. "I get Botox with him and whatever else he feels like doing."

Elizabeth Arden Prevenge Anti-Aging Moisture Cream with Sunscreens, \$175.

DIET & FITNESS

"When travelling, I like to try classes wherever I go. I'll take a class in Paris or LA — whatever the trendy thing is." **CLASS OF CHOICE:** SoulCycle, New York. "I've been going since it opened [11 years ago] ... I love what it does for my mind; it takes all my stress away. I feel like a clear thinker afterwards." **ONE WITH NATURE:** "I like to take a hiking vacation sometimes ... It's such a happy thing to be able to get outside and just work out and not feel like you're in a gym." **FITNESS GETAWAY:** The Ranch at Live Oak, Malibu. "A very intense hiking retreat." **BIGGEST WEAKNESS:** "Eating other people's fries and desserts."



The Ranch at Live Oak, Malibu.



Wells at an event in 2015.

LINDA WELLS
NEW YORK, AGE 58

The chief creative officer at Revlon and former editor-in-chief of beauty bible *Allure* has never lost her hunger for trialling all of the latest and greatest beauty products.



Revlon ColorStay Crème Eye Shadow in Praline, \$15.

Revlon Mega Multiplier Mascara, \$22.

Makeup

"I have been rediscovering a lot of Revlon products." **FOUNDATION STAPLE:** Revlon ColorStay foundation. "I was always wandering around trying different things, but now I've gone back to that and I love it." **EYELINER:** Smashbox Always Sharp Waterproof Kohl Liner. "It has the right glide and is really easy to use." **EYE SHADOW:** Revlon ColorStay Crème Eye Shadow in Praline. "Sometimes I use the brush and sometimes I use my finger." **LASHES:** Revlon Mega Multiplier Mascara. "I've been using it since before it came out ... It stays in place until you're ready to take it off." **CHEEKS:** Nars Blush in Orgasm. "I love Nars Orgasm — who doesn't, right? You're not a beauty editor unless you use that."



HALEY BENNETT: CORBIS; GETTY IMAGES; COURTESY OF INSTAGRAM @HALOORRAINE; KRISTA SCHLIEFER FOR THE NEW YORK TIMES; COURTESY OF THE RANCH AT LIVE OAK; MALIBU; STILL LIFE: ROBERT COUTO; JACQUES GIRAL; CHRIS JANSEN; PABLO MARTINI; RICHARD PIERCE; DAVID SANTINI; JEFFREY WESTBROOK/STUDIO D. PRICES APPROXIMATE