

Sexiest Man Alive Patrick Dempsey Picks the Best Holiday Gifts Under \$150 — Including his Skincare Holy Grail

07 A Nourishing Treat



This multi-pack features Energy Bites, Complete Greens powder and Hearty Granola, which Dempsey says is "one of the best I have ever had."

Buy It! Healthy Start Set, \$100; theranchmalibu.com