

# THE FUTURE OF PHILANTHROPY TOWN & COUNTRY

JUNE/JULY 2018

CHINA'S  
*BILLION  
DOLLAR BET*  
TO SAVE  
THE PLANET




MORE *MOJO*,  
LESS *EGO*  
ARE WOMEN  
*BETTER*  
PHILANTHROPISTS?

LIN-  
MANUEL  
MIRANDA  
THE REVOLUTION  
OF GIVING  
*by Oprah Winfrey*

*PLUS:*  
THE NEXT  
GREATEST  
GENERATION  
*by Jimmy Kimmel*  
KARLIE KLOSS  
*by Christy  
Turlington Burns*

T&C'S HOTTEST  
NEW HOTEL  
AWARDS

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**GOLD STAR**  
 In an issue devoted to philanthropy, we have our eye on responsible investments—like these gold pieces. For more, see page 67. **CHOPARD** FAIR-MINED GOLD BANGLES (\$4,760 EACH) AND WATCH (\$13,000), CHOPARD.COM

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**ON OUR COVERS:** LIN-MANUEL MIRANDA, KARLIE KLOSS, AND THE MARCH FOR OUR LIVES STUDENTS, PHOTOGRAPHED BY **MAX VADUKUL**. STYLED BY NICOLETTA SANTORO. *FOR MIRANDA:* GROOMING BY JESSICA ORTIZ FOR ORIBE AT THE WALL GROUP. MANICURES BY GINA VIVIANO FOR CHANEL. TAILORING BY YASMINE OEZELLI FOR LARS NORD. PROPS BY PHILIPP HAEMMERLE STUDIO. PRODUCED BY NATHALIE AKIYA AT KRANKYPRODUKTIONS.COM. *ON KLOSS:* RALPH LAUREN COLLECTION DRESS (\$4,990); DE GRISOGONO EARRINGS (\$44,400) AND RINGS (FROM \$9,800). HAIR BY DIDIER MALIGE. MAKEUP BY VIRGINIA YOUNG AT STATEMENT ARTISTS. MANICURE BY GINA VIVIANO. TAILORING BY YASMINE OEZELLI FOR LARS NORD. PRODUCED BY NATHALIE AKIYA AT KRANKYPRODUKTIONS.COM. SHOT ON LOCATION AT 520 WEST 28TH STREET, DESIGNED BY ZAHA HADID. *SCULPTURE:* BERNINESQUE (2016), BY SAINT CLAIR CEMIN. TRY **ESTÉE LAUDER** DOUBLE WEAR STAY-IN-PLACE MAKEUP AND PURE COLOR ENVY SCULPTING LIPSTICK IN DESIRABLE.

COVER: SCULPTURE COURTESY OF THE ARTIST AND PAUL HASMIN GALLERY; DON PENNY/STUDIO D; PROPS STYLED BY MIKO KATOH (WATCH, BANGLES); CLAIRBORNE SWANSON FRANK (LAUREN SANTO DOMINGO); DON PENNY/STUDIO D (HEIRLOOM VARIETIES, EARRINGS); COURTESY CHANEL (KARIE KLOSS); V. H. GRANDPIERRE (CHANEL)



**RANGE ROVERS**  
Breathtaking views of the Italian Alps await guests of Rosa Alpina (below) during its limited-engagement collaboration with the Ranch Malibu.

# WELLNESS SUMMIT

AMERICAN  
BOOT CAMP-STYLE  
FITNESS LANDS IN  
THE ITALIAN ALPS.

By Brian Underwood

When the Ranch at Live Oak Malibu opened in 2010, word of its six-almond per diem, five-hour hikes—and promise of rapid weight loss—spread, attracting an exclusive set of health-minded vacationers to the luxury oasis. Everything seemed tailor-made for fitness-obsessed Americans, but the appeal turned out to be global. This summer the team behind the Ranch brings the program to Rosa Alpina, a charming chalet-

style hotel in Italy's Dolomite Mountains.

It will be a departure for fans of such European health retreats as Austria's Lanserhof Lans or Spain's Shanti-Som, which tend to favor food deprivation and total body detox over vigorous physical activity à la the Ranch. "We have visitors from all around the world, and we felt it was time to take our philosophy abroad," says Alex Glasscock, who co-owns the Ranch with his wife Sue. "Increasingly, European,

Asian, and Middle Eastern tourists seem to be seeking results-oriented programs. They allow you to visit culturally rich places without gaining weight or feeling puffy and tired."

In California guests such as Elle Macpherson and Brooke Shields choose four-day or seven-day stays during which they're limited to 1,400 calories a day of locally grown vegan food while enduring strenuous but low-impact exercise, with an emphasis on mountain hiking. The program will remain mostly the same at the Ranch Dolomites, which is a gorgeous two-hour drive from the airport in Venice, and will take advantage of the spectacular location and the flavors of the region.

Challenging treks among the limestone mountains will be balanced with yoga, massage, and meals prepared by Rosa Alpina's world class culinary team (developed with Ranch chef Meredith Haas). On the menu: polenta and risotto from a nearby grain mill, nut cheeses, and wild herbs and spices harvested by a local for-

ager. "The Italians do amazing things with tomatoes," Glasscock says. "So we're having a ball coming up with rich, tangy sauces but still keeping the meals low-calorie. Our chefs make food that is visually pleasing and has substantial volume, so people slow down and appreciate what's in front of them."

This idea of mindfulness is a core tenet of the Ranch philosophy. Guests take daily naps and turn in by 8 p.m. to conserve their energy. Naturally, a setting that promotes quiet reflection was key for an overseas Ranch outpost, and the Dolomites were ideal. "This is not a densely populated area," Glasscock says. "It's beautifully preserved."

Spots at the Ranch Dolomites' first session, which runs August 19 to September 23, filled up so quickly that Glasscock asked the Pizzinini family, owners of Rosa Alpina, to extend the run by a week (there is still limited availability). Now he's considering other far-flung locales. "We're exploring different parts of the world—maybe Argentina, maybe Bhutan," Glasscock says. "We want to go where we can deliver our programming alongside five-star luxury." FROM \$8,500 (MINIMUM ONE-WEEK STAY), [THERANCHMALIBU.COM](http://THERANCHMALIBU.COM)

