

TOWN&COUNTRY

The Best Places To Go in May

From serene sanctuaries in Bali and on the French Riviera to wellness retreats in Italy and the Bavarian Alps.

With Memorial Day weekend signaling the unofficial start to summer, a sense of excitement and anticipation infuses the whole month of May. Just a few more weeks to go before the arrival, even if only in our imaginations, of a season characterized by long weekends out east, leisurely afternoons on the beach, backyard BBQs, grand tours of Europe, white linen pants, summer Fridays. While dreaming up trips for MDW and beyond is tempting, why not get ahead of the crush and plan a jaunt for the first few weeks of May? This tail end of shoulder season has the best of it all: beautiful springtime weather with destinations straddling that sweet spot between being buzzing with life but not overflowing with it. So, where to go? Here are 15 wanderlust-worthy vacation ideas to put on your radar for May.

Fiuggi, Italy



If there could be just one O.G. wellness retreat in the world, it might have to be the Ranch Malibu in California. For more than a decade, it has sculpted, slimmed, detoxed, and boot-camped a glittery roster of Hollywood celebrities with famously grueling programs characterized by 5:30 am wake-up calls and daily 14-mile hikes with nothing more than 6 almonds as a snack. This month, they are taking the program overseas with the opening of **the Ranch Italy**, a new permanent international program at the Palazzo Fiuggi Medical Retreat outside Rome. The itinerary here will be no less intense in the land of *la dolce vita*, except that you'll be trading the California farmhouse-like digs and Pacific Ocean views of the Malibu outpost for a historic hilltop property with hiking in the Apennine Mountains and access to medical consultations by Palazzo Fiuggi's physicians.

The Ranch Malibu

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