



Meanwhile, Back at the Ranch . . .

The Ranch at Live Oak Malibu, nestled in the Santa Monica Mountains.
Clockwise from above: entry to the La Roma room; vegetarian lunch harvested from the Ranch's on-site organic garden; bathroom amenities include fresh lavender and organic soap; a guest room at the Ranch; daily afternoon yoga class.

hen your at-home juice cleanse just doesn't cut it anymore, perhaps you need a harder kick in the ass. Capitalizing on the trend of deprivation as the new indulgence, the Ranch at Live Oak Malibu, a 14-cottage upscale fitness retreat, is a cushier alternative to Hollywood's other boot camp of choice, the Ashram. Situated three miles above the Pacific in the Santa

Monica Mountains, the Ranch offers a sevenday program that is not for the faint of heart or high-maintenance divas. The daily schedule is strictly "no options"—meaning guests may neither cherry-pick nor opt out of activities. No



complaining, no bailing, and no electronic devices (although there is a business center if you must stay connected). Wake-up is at six A.M.; days include a four- or five-hour hike and afternoon fitness sessions such as pool workouts,

core and weight training, and yoga classes. The menu, too, is non-negotiable: 1,500 calories a day, all vegetarian, no sides or additions. But you will get a private bedroom and bath—as well as access to 200 miles of hiking trails, an organic farm, an exercise pavilion, a pool, private treatment rooms for massage, and horse stables. It's still Malibu, after all—at \$5,600 a week.

—DANY LEVY



f you loved the book, you'll love the fragrances. Or wait—if you loved the book, you'll love the movie. Either way, you can experience both when Eat Pray Love, the film adaptation of Elizabeth Gilbert's best-seller, starring Julia Roberts, comes out this month, in tandem with a limited-edition trio of fragrances and candles from the beauty company Fresh. Each scent was inspired by Gilbert's travels through Italy, India, and Bali and hinges on a different verb. Fresh founder Lev Glazman began concocting the scents with a well-annotated copy of the memoir at hand. "It was like customizing a fragrance for someone, which is a very intimate process," Glazman explains. It's also presumably a perfect fit for the legions of ladies who relate to the

writer or, better yet, to her celluloid stand-in. Though they're sold separately, the perfumes—the sparkly sweetness of Eat; the rich, woodsy spice of Pray; and the blossomy fruitiness of Love—are made to layer. Fragrances (\$32 each) and candles (\$45 for a package of three) are available in Fresh stores and at fresh.com.

—MEENAL MISTRY

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Line your eyes with Dolce & Gabbana's Eyeliner Crayon Intense in emerald for a dash of summer color. (\$29)



For thick, lush, no-smudge lashes, try Lancôme's Défincils Precious Cells High Definition Amplifying Mascara. (\$29)

Get a glam do with Privé's all-natural Concept Vert Volumizing Froth Herbal Blend, which gives hair body and definition. (\$24)





Ralph Lauren's Big Pony Fragrance Collection is a quartet of scents that range from citrus to woodsy. (\$50 each)

Water lily, orange and fig leaves, jasmine, and amber blend to create **Eau d'Italie's** Au Lac. (\$140)





Giorgio Armani's Acqua di Gioia mixes mint, Italian lemon, jasmine, and cedar for an earthy, fresh scent. (\$39.50)

Elan Sassoon's Sojourn Smooth Shampoo and Conditioner keep locks shiny, soft, and frizz-free. (\$25, \$28) —ALANNAH ARGUELLES

