

THE PRIVATE JET LIFESTYLE MAGAZINE

ELITE

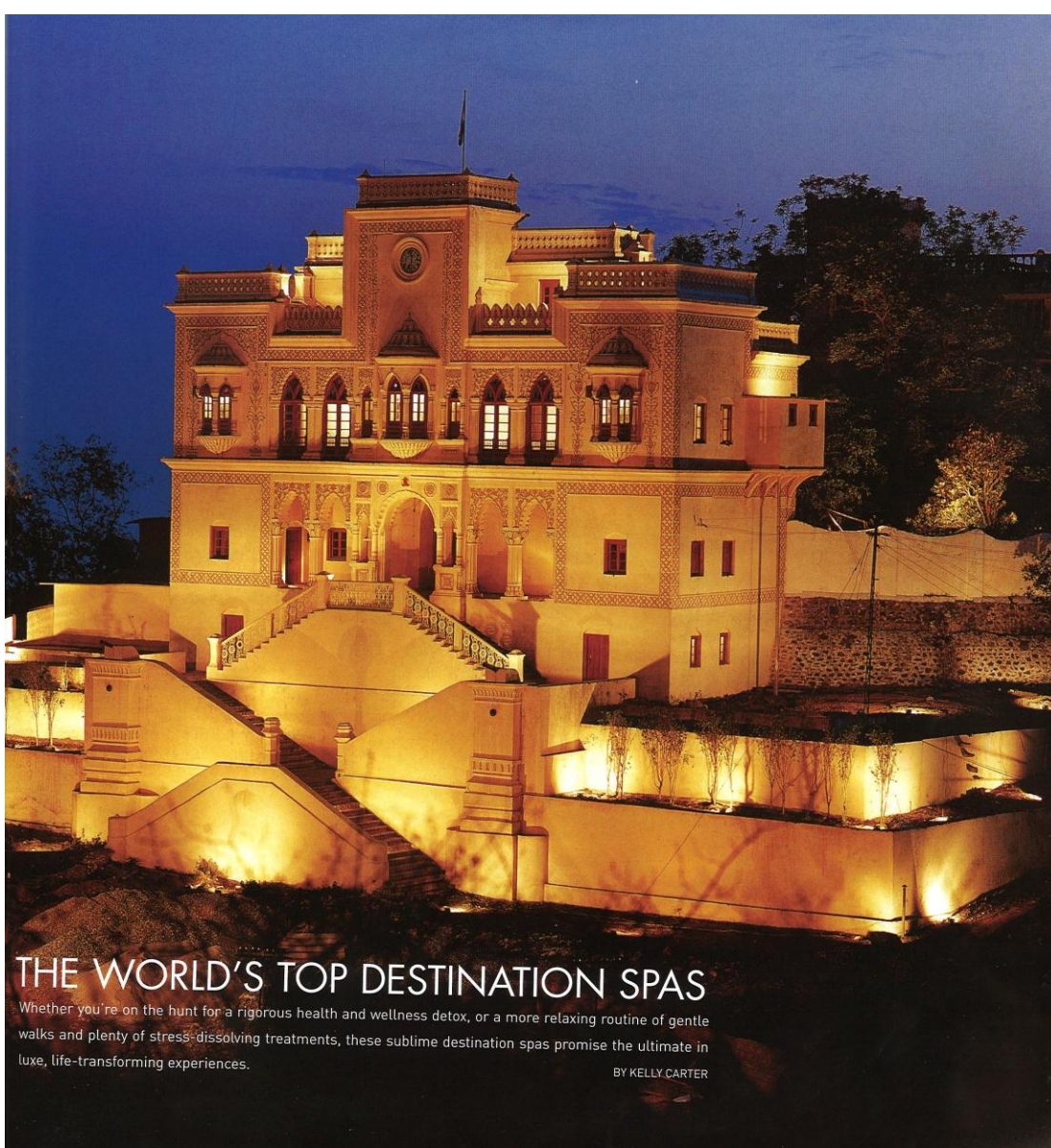
T R A V E L E R

SEP/OCT
2012

DUBAI &
ABU DHABI'S
ELEGANT
SUITES



\$50.00



THE WORLD'S TOP DESTINATION SPAS

Whether you're on the hunt for a rigorous health and wellness detox, or a more relaxing routine of gentle walks and plenty of stress-dissolving treatments, these sublime destination spas promise the ultimate in luxe, life-transforming experiences.

BY KELLY CARTER



BRIGHT DINING / THE RANCH
AT LIVE OAK / MALIBU

THE RANCH AT LIVE OAK / MALIBU

Location | Malibu, California

The vibe | Perched three miles above the Pacific Ocean and set on a historic working ranch in the Santa Monica Mountains, this shabby-chic ranch is more luxury boot camp than spa. Its challenging program tests guests to such a point that it wisely recommends a 30-day pre-program to prep for the physical and mental transformation.

Number of therapists | Seven in all, four on any given day

Number of treatment rooms | Four

Signature treatment | Deep-tissue, restorative massage



WOODY REPOSE / THE RANCH
AT LIVE OAK / MALIBU

Celebs who've experienced it | Hollywood VIPs and executives from a variety of industries including fashion, art, business and entertainment

Recommended therapist | Steve Schwartz

Cuisine | A calibrated daily diet of approximately 1,500 calories consists of gourmet farm-to-table fare with French and American influences.

Book this | All rooms are identical and have queen beds, except for Indie and Haile, whose king beds are intended for couples.

Weekly rate | \$5,600

Contact | Director of Guest Relations Melissa Newman, (310) 457-8700; melissan@theranchmalibu.com; www.theranchmalibu.com