



In a digitized world, more global travelers want to take a break from technology while enjoying close contact with nature. Few activities guarantee Zen moments like hiking; fortunately, there's an ever-growing variety of inviting destinations where expert-led hikes are among the most popular activities.

Better yet, an assortment of upscale resorts and tour providers are offering opportunities to hike in style, with gourmet treats, relaxing spa services, and comfy accommodations taking the sting out of a lung-busting, yet rewarding, hike.

When you're looking to commune with nature, yet don't want to sacrifice any conveniences, seek out these opportunities to enjoy some of the best hikes in the world.

CALIFORNIA

Overlooking the Pacific Ocean, the adults-only **Ventana Big Sur** resort sits on 160 acres of rolling meadows and towering redwoods along California's scenic Central Coast. Guests revel in daily guided walks, plus dedicated adventure hikes and Big Sur excursions.

Devotees of **The Ranch Malibu**—one of America's most lauded and influential wellness retreats—swear by its daily regimen that pairs nutrition-focused, plant-based meals with rigorous fitness classes and guided mountain hikes. The knowledgeable staff and revitalizing atmosphere attract visitors from around the world, and for those who have already had the signature Malibu experience, The Ranch offers similar retreats in the Dolomites of Northern Italy, where guests hike along alpine trails with professional guides.