

CALIFORNIA
STYLE &
CULTURE

Summer 2022

The Surfers Who
Choose the Free Way

SIMPLY
SUMMERTIME

Julian Schnabel's
Inimitable Eye

ELIZABETH OLSEN's Life in Bloom



BACK AT THE RANCH



The Ranch Malibu, a celebrity-loved health and wellness retreat, is refreshing and expanding its offerings. Known for its immersive, results-oriented programs that are designed to recalibrate the mind and body through an intense fitness program (epic hikes and traditional gym training) and wellness regimen (yoga, massage and device detox), paired with a plant-based, nutritionally dense diet, the luxury retreat is now launching its first permanent international program: The Ranch Italy at Palazzo Fuggi. Just 50 minutes from Rome, the hideaway is nestled in an area famous for its healing natural springs. And if Italy or Malibu isn't an option, The Ranch now offers at-home programs — The Ranch Integrative Health Plan and The Ranch 360, led by functional nutritionist and holistic health practitioner Bridgette Becker — that promote physical and mental well-being while uncovering and addressing the root causes of health concerns rather than simply treating symptoms. theranchmalibu.com. K.A.

THE RANCH MALIBU's new Barn, a 3,000-square-foot fitness center.